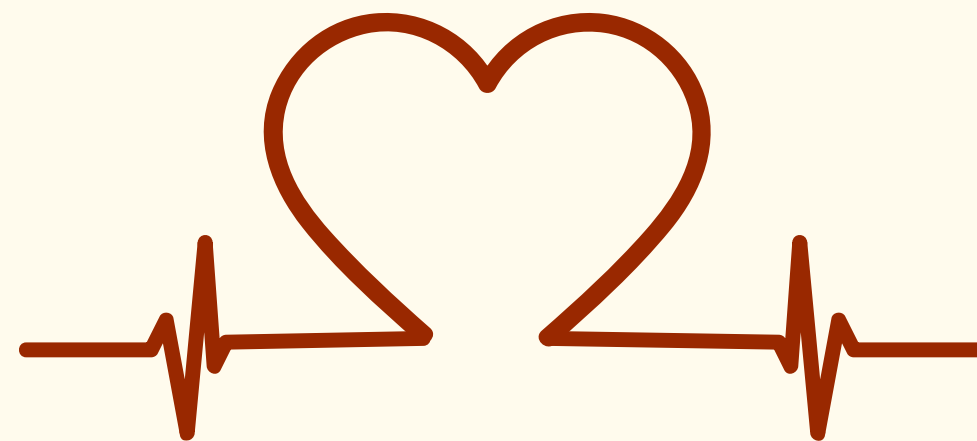
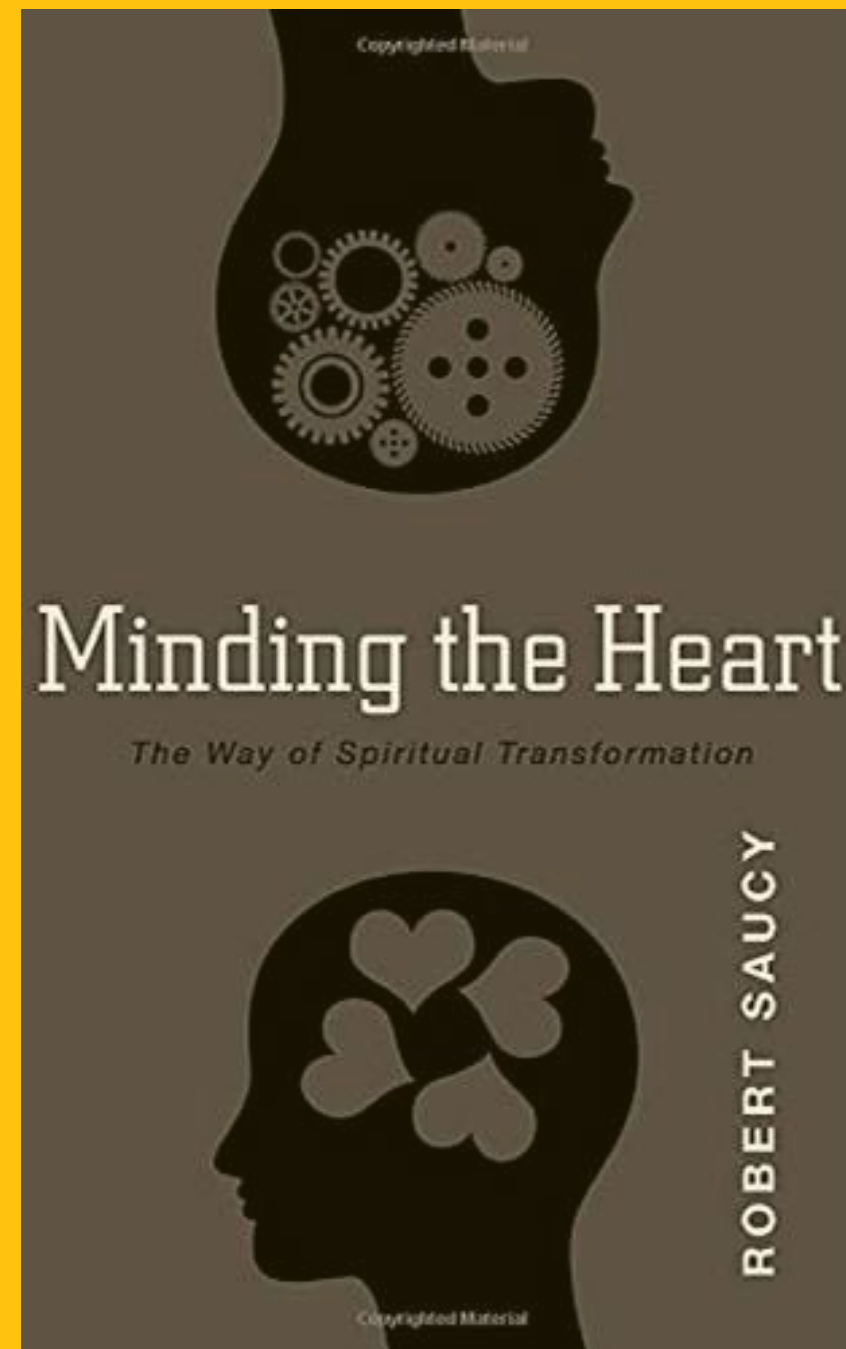


# A Biblical Study of the Heart

part 1: Human Life is Heart Life



ROBERT SAUCY, MINDING THE HEART:  
THE WAY OF SPIRITUAL  
TRANSFORMATION (KREGEL, 2013).



**In the Bible,**  
**the most important word**  
**for talking about people is**  
**“heart”.**





**Watch over your heart with all diligence,  
For from it flow the springs of life  
~Proverbs 4:23**

**As in water face reflects face, so the heart of man reflects man. Prov 27:19**

**You shall love the Lord your God with all your heart.. (Mk 12:30)**

**When Jesus perceived their thoughts, he said, Why do you respond with evil in your hearts? (Matt 9:4)**

**But to this day the Lord has not given you a heart to understand or eyes to see or ears to hear. (Deut 29:4)**

**The heart of man plans his way, but the Lord establishes his steps. (Prov 16:9)**



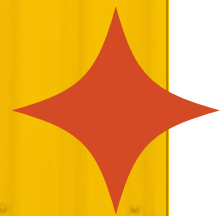
# Your heart is YOU!



**Note the parallel: You now have sorrow, but ... your heart will rejoice. (John 16:22)**

**My heart said to you, “Your face, O Lord, will I seek.” (Ps 27:8)**

**Implications?**



# **The heart is deep...**

**For the inward nature and the human heart—  
how deep they are! (Ps. 64:6)**

**The purpose in a man's heart is like deep water. (Prov 20:5)**



**Implications?**



# **The heart is God's "forum" to engage us.**

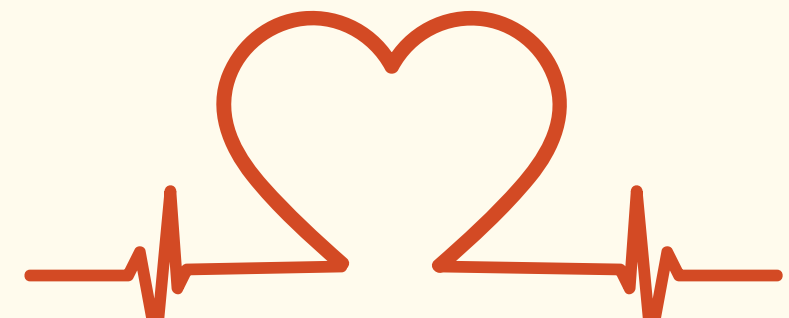
**God opens our heart (Acts 16:14).**

**God speaks to our heart [love and comfort] (Hos 2:14; Is 40:2).**

**God shines the light of his glory in Christ in our heart  
(2 Cor 4:6; Eph 1:18)**

**Christ and the Spirit dwell in our heart (Eph 3:17, Gal 4:6).**

**God pours his love into our heart (Ro 5:5).**





**God knows  
and judges our  
heart.**

**"I, the Lord, search the heart,  
I test the mind even to  
give each man according to  
his ways." (Jer 17:10)**



## » **Our heart directs us...**

**Source of our speech and actions.**

**For the mouth speaks out of that which fills the heart. (Matt 12:34-35)**

**Key: Emotions reveal the heart!**

**The boundaries/limits/“issues” of our life. (Prov 4:23)**



# And is directed by us:

**“Watch over”/“guard with diligence” your heart (Prov 4:23!)**

**“Direct” your heart in the way (Prov 23:19)**

**“Do not store up”/“Store up” treasures (Matt 6:19–21)**

**“Bind” things to your heart (Prov 3:1–3; 6:21)**

**“Impress” [truth] upon your heart (Deut 11:18)**





**“The care of our heart is  
the  
supreme task of our life.”**

***Minding the Heart, p. 46***

