Thrive by God's Spirit (Fruit of the Spirit) Bread of Life Church: Daniel Low (07.20.2025)

We control ourselves if the Spirit masters us.

1. Spirit-Formed Self-Control Relates to Everyone We Know

a. Leaders with specific roles (1 Timothy 3:2-5, 8) leaders like elders/pastors/deacons must be above reproach and be dignified - and that includes being self-controlled

b. Members of all ages (Titus 2:1-6; 1 Timothy 4:6-8) one common denominator for godliness for all ages = being in charge of their spirit, being selfcontrolled

2. Spirit-Formed Self-Control Applies to Everything We Do

a. Manage our worship with integrity (Titus 2:11-14) this happens when the practice of our life aligns with the proclamation of our faith

b. Manage our passion with purity (1 Thessalonians 4:1-8) leaning into the Spirit's daily strength to keep us pure proves his presence in us and fulfills God's call to holiness

c. Manage our anger with grace (Proverbs 16:32; Ephesians 4:26-27) we may not always realize it, but we often mishandle our anger in a way that hurts the overall health and well-being of our church

d. Manage our resources with wisdom (2 Timothy 1:6-7; Ephesians 5:15-17) we walk with Spirit-led precision and wisdom by maximizing our opportunities

e. Manage our legacy with faithfulness (1 Corinthians 9:24-27) while we envision self-mastery as an everyday responsibility, it eventually adds up and builds toward the overall legacy that we ultimately leave behind