

Safe Keeper: Psalm 121
Worship in the Spirit (Psalms)
Bread of Life Church: Daniel Low (08.17.2025)

The Lord who never leaves us alone always keeps us safe.

1. Our Help Comes from the Lord our Creator, 121:1-2

a. Our need for help, 121:1

the *hills* may picture a potentially treacherous place that accentuates our need for the Lord's protective and constant care

b. God's provision of help, 121:2

faithful worshipers turn to the Lord after realizing they are helpless and needy

2. Our Protection Depends on the Lord our Keeper, 121:3-8

a. The Lord never sleeps, 121:3-4

the Lord is never inattentive, apathetic, clueless, or impotent to what we need

b. The Lord always protects, 121:5-8

even though we may journey through the darkest valleys and ascend up the highest hills, we are never ever alone (Psalm 23:4)