

All-Around Goodness: 1 Timothy 4:1-16

Family Rules (1 Timothy)

Bread of Life Church: Daniel Low (02.22.2026)

Good servants of Jesus are trained in good doctrine as good disciples.

1. The Spirit Explicitly Forecasts that Hardened Imposters will Abandon the Faith, 4:1-5

a. The lies that facilitate departure from the faith, 4:1-3

no one in their right mind will ever say that they are preoccupied with deceiving spirits and demonic teachings, but we encounter the same dangerous influencers who stray from the gospel core and push their own conception of what it means to be spiritual

b. The truth that fosters gratitude to our Creator, 4:4-5

Paul necessarily champions the goodness of God, his sacred law, and his gracious gifts to us (including food and marriage)

2. The Scripture Emphatically Instructs that Disciplined Servants will Save the Lost, 4:6-16

a. The discipline for godliness that rewards us, 4:6-10

while training our physical bodies holds real personal value on this side of eternity, disciplining our hearts and souls for godliness is much more valuable because it reaps everlasting benefits

b. The diligence in ministry that preserves us, 4:11-16

refuse to let anyone look down on you because you are young and reckless - resolve to be someone people look up to because you are godly and diligent